



Jax Air News
 A CHINFO AWARD-WINNING NEWSPAPER

TOUCHING BASE



Jaguars Owner to talk football with NAS personnel

The Jaguars will hold a "town meeting" on May 16 at 2 p.m. at the Station Theater aboard NAS Jax. Owner Wayne Weaver and members of his coaching staff will be on hand to discuss the upcoming season. The event is open to all hands. They will discuss what to expect from this season's team, military ticket pricing and renovations to Altet Stadium. Afterward, they will entertain questions. Activity commanding officers, executive officers, command master chiefs and other interested military members and civilians are invited to attend.

Bigger means better quality of life

By JO2(SCW) Eric Clay
 Staff Writer

As a growing demand for a better quality of life the Navy Exchange program is doing its part to insure that the military member has a great place to stay when they visit NAS Jacksonville. "We would like to take better care of those persons who are on PCS or TAD orders and their families. Hopefully we can do this by our service and the fact that our rooms are at a 40 percent reduced rate compared to the hotels of its quality off base," said Sam Cope, NEX Navy Lodge manager. The Navy Exchange is the process of expanding the Navy Lodge and adding state-of-the-art appliances. The new expansion of the Navy lodge will have 52 additional rooms, two of which are specially equipped for the handicapped. There is one handicapped room on each side of the building. The new expansion of the Navy Lodge features business-class rooms, with a queen-sized bed and a pullout couch, and standard rooms with two-queen sized beds. Formerly, the Navy Lodge had full-sized beds. The business-class rooms will also be adapted with two phone lines for Internet capability. All rooms will have a fully-furnished kitchenette, cable TV with HBO, a video cassette player, direct dial telephone service as well as computer hook-up. The entire facility will become non-smoking upon the completion of the new expansion. The Navy Lodge also features a guest laundry facility, a children's playground, barbecue area with tables, free 1-800 number phone



Photo by JO2(SCW) Eric Clay

With all the inside work nearly completed on the new addition of the Navy Lodge, workers are in process of landscaping the area. The NAS Jacksonville Navy Lodge will soon feature an additional 52 rooms. These renovations will bring the older building up to the same standards as the new expansion. The overall cost for the total renovations and the new expansion will be \$3.5 million. This money comes from the Navy Lodge being self-supporting business. "All the profits from the Navy Lodge go back into the facility to issue upkeep and a better quality of life to our service members while they stay with us," stated Cope. "The new addition to NAS Jacksonville's Navy Lodge is taking shape. It's now almost 95 percent completed. I recommend people make plans now to stay in this affordable and comfortable new addition to our lodge. It's really a great place to stay when visiting the area and customer satisfaction is our number one priority," he added. For more information about the Navy Lodge and reservations, call 1-800- 628-9466 or go to their web site at www.navy-lodge.com.

New service center now available

From The Center for Career Development Public Affairs

It's no secret that big businesses spend enormous time and resources strategizing and building high-tech communications systems to improve their customer relations. They often fail to consider the wants and needs of their customers. Many companies fail to deliver satisfaction because they simply don't know their customers. The Navy, however, is putting the wants and needs of their people first, by establishing the Navy Personnel Command Customer Service Center at 1-866-U-ASK-NPC. The new center consists of nearly 20 military, civilian and civilian contractor customer service agents equipped with the latest career information and references to provide the fleet an optimum level of service and

satisfaction. The new center will open for business beginning May 15, and will answer general information-related questions regarding the Selective Reenlistment Bonus (SRB), Professional Records, Career Status Bonus, (CSB), and many other topics. "Sailors will have much greater access to general information about Navy programs. This is an innovative and unprecedented move by the Navy to improve the lines of communication," said NPC Customer Service Center Assistant Director, Lt. Cmdr. CDR Bruce Black. Black added that the NPC Customer Service Center will also lighten the workload for detailers and other departmental experts who, on any given workday, receive a wide variety of questions from the fleet that go well outside the bounds of

their detailing and career management responsibilities. "NPC is using the latest Customer Relationship Management (CRM) technology and practices currently used in private business to improve communications with our customers, the men and women who serve in the United States Navy," said Cmdr. Bill Foster, director of the NPC Customer Service Center. Sailors will have the ability to call the center and speak directly with one of the trained staff. If the call center staff cannot immediately answer the question, they will forward it to a subject matter expert who can answer it. After an issue is resolved, the Sailor will receive a phone call or e-mail from the center to confirm that the Sailor received sufficient information.

See SERVICE CENTER, Page 8

NAS JAX
Hurricane Preparedness Briefs
 Open to all NAS Jax personnel and family members
 Where: 25-30 Auditorium
 When: May 14, 16, 20 & 22
 Times: 0900 - 1200
 Presented by Naval Atlantic Meteorology & Oceanography Facility and the American Red Cross

Keep an eye out for an upcoming special insert on the hurricane season

WEEKEND WEATHER
 FRIDAY 72/93
 PARTLY CLOUDY
 SATURDAY 70/87
 ISOLATED SHOWERS
 SUNDAY 69/86
 PARTLY CLOUDY
 Seven-day forecast available at Naval Atlantic Meteorology and Oceanography Facility Jacksonville's Web site: <http://www.nlmof.navy.mil>



Photo by JO2(SCW) Eric Clay

Hard work finally pays off

Columbia College graduates 90 students
 Columbia College students anxiously await the big moment of being handed their diplomas at the graduation ceremony at the All Saint's Chapel last Friday. For the list of graduates see Page X.

INSIDE

Classified13
 Helping Hands10
 Hey MoneyMan!.....2
 In Gear17
 Jax Sports12
 Jax Tales10
 Meet a Civilian2
 Meet a Sailor2
 MWR Notes11
 NavHosp Jax News9

FFSC NEWS

Fleet and Family Support Center is ready to assist

From FFSC

FFSC Deployment Support Program
Deployment readiness is as much a priority for commands as it is for service members and their families. At NAS Jacksonville Fleet and Family Support Centers, we stand ready to help.
Deployment readiness is an important focus for the FFSC as we work to help you improve the overall quality of military life. Listed below are highlights of the deployment programs offered by the FFSC to support command and family readiness.

Couples Pre-Deployment
A 60-minute program for couples and geographic bachelors. It suggests ways to cope, communicate, and keep in touch while apart. It also encourages financial planning for deployment through budgeting, allotments, and savings. This program should be scheduled 4-6 weeks before a deployment.

Single Sailors and Pre-Deployment
A 60-minute program for single Sailors that includes information on financial planning vehicle storage, and communication with friends and family members. This program should be scheduled 4-6 weeks before a deployment.

Single Parent Pre-Deployment
A 60-minute program that addresses the unique concerns of the custodial single parent preparing for deployment. Issues discussed include child-

care, legal issues, communication, etc. This program should be scheduled 4-6 weeks before a deployment.

Homecoming
This program is an overview of the reunion experience for family members who are married or in a relationship.

Participants will explore the impact of deployment on relationships and learn some ways to make homecoming more comfortable for them and their loved ones. This workshop should be scheduled 3-5 weeks before return.

Return and Reunion (R&R)
An aboard ship program for active duty Navy personnel that prepares them to rejoin the family and community. FFSC staff conducts a variety of 45 to 60 minute workshops aboard the ship as it transits to homeport. Workshops include car buying, money management, returning to children, and reunion for couples.

To schedule these and other deployment support programs for command personnel and families contact the FFSC Deployment Support Program Coordinator at, 542-2766, Ext. 130.

New suicide prevention kit available
According to a recent Navy study, suicide is the second leading cause of death among Sailors and Marines.

To help leaders prevent suicide, the Navy and Marine Corps now have a Suicide Prevention Facilitator Kit which contains standardized suicide prevention training materials that can be used by command leaders,

chaplains, FFSC counselors, and medical providers.

The new kit, "Suicide Prevention: Taking Action-Saving Lives," includes an 18-minute video, facilitator's manual, and overhead transparencies. The video focuses on real-life scenarios and demonstrates how to approach someone who may be at risk.

The FFSC provides this training as a GMT. To schedule this workshop, contact Tina Holland at 542-2766, Ext. 127.

Family readiness is important
Fast-paced operational tempo and around the clock work schedules can sometimes put a strain on couples and family life.

If the service member plays a major role in paying bills, dealing with home repairs, managing the family income, and getting the car repaired his or her absence may require shifting these responsibilities to the remaining partner.

The FFSC has developed a number of deployment-related "tip sheets" that can help prevent couples and family members from being overwhelmed or frightened when sharing such responsibilities is not possible.

Stop by the FFSC to pick up copies of our Deployment Program Timeline and tip sheets or email your request to our Deployment Support Program Coordinator at oparker@nasjax.navy.mil and we will get this information to you.

Top Sailor rewarded for efforts

EM1(SW) Andrae Jouben, NAS Jacksonville's SOY happily accepts a Cannondale 21-speed mountain bike from the Navy Exchange last Thursday. Jouben was also presented with a \$50 gift certificate, two bottles of Fubu cologne, a Navy day planner and folding camping chair for his accomplishments.



Photo by JO2(SCW) Eric Clay

May is Asian/Pacific American Heritage Month

From the Chief of Naval Operations

May 2002 marks the 23rd annual national observance of Asian/Pacific American Heritage Month. The President has proclaimed this month every year since 1979 to celebrate the contributions and achievements of Asian/Pacific Americans. The national theme is "Unity in Freedom."

Most than 11 million Americans of Asian/Pacific Heritage (4.1 percent of the American population) are helping to build our vibrant nation today. It is projected this number will double by 2025.

There are currently more than 24,000 Asian/Pacific Americans (enlisted and officer) on active duty. Several distinct ethnic groups have been consolidated under the category of "Asian/Pacific American."

Ethnic groups from Cambodia, China, Indonesia, India, Japan,

Korea, Laos, Micronesia, Philippines, Polynesia, Thailand, Vietnam, and many other Asian and Pacific lands have united to provide our nation with their distinct culture.

From these many countries, there have been four Navy Flag Officers, retired Vice Adm. Robert Kihune, retired Rear Adm. Ming Chang, retired Rear Adm. Gordon Chung-Hoon, and retired Rear Adm. Eleanor Mariano.

Almost 8.4 percent of today's master chiefs are Asian/Pacific Island Americans. Of these master chiefs, 94 percent of them are Filipino-Americans. This is the second largest minority representation only behind African-Americans.

Navy commands are strongly encouraged to celebrate Asian/Pacific American Heritage Month through programs, exhibits, publications, and participation in military and community events recognizing

the diversity of American Heritage.

You can also visit the web site at www.bupers.navy.mil/mentor for more information on cultural heritage months.

The Department of Defense will be celebrating their observance for

Asian/Pacific American Heritage Month on May 22 in conjunction with the Federal Asian/Pacific American Council (FAPAC) conference on May 21-23 in Washington D.C. For more information on the FAPAC conference visit the web site at: www.FAPAC.ORG.



Sunday Services at the Base Chapel

You are invited to the following Chapel Worship Services this Saturday and Sunday:


Saturday 5 p.m. - Catholic Mass
Sunday 8:30 a.m. - Protestant
Communion 9:30 a.m. - Catholic Mass
11 a.m. - Protestant Worship

Children's Sunday Class - Protestant Sunday School program is at 9:45-10:45 a.m., and Catholic CCD is 10:45 a.m.-noon.

Luncheon planned at The Zone

To celebrate National Asian/Pacific American Heritage Month, a special luncheon will be held at The Zone on May 16 from 11 a.m. to 1 p.m.

The event is sponsored by NADep Jax EEOAC and the NAS Jax Multicultural Awareness Committee. The guest speaker will be Lt. Cmdr. Jack Tsao from NavHosp Jax. The cost is \$10. For tickets contact Sylvia Kitt at 542-3815.



Meet A Sailor ...

DC3 LIZTELIST PUNCH

Job title/command:
First Lieutenant Division

Hometown: Dallas, Texas


Family Life: Single

Past Duty Stations: USS Carl Vinson (CVN-70), USS Carney (DDG-64)

Career Plans: To earn a business degree and own my ownbusiness.

Most Interesting Experience: Being inport in Israel for the Millennium.

Words of Wisdom: Keep on keeping on.



Meet A Civilian...

JAMES TAYLOR

Job title/command:
Program Analyst, NADep

Hometown: St. Augustine

Family Life: Married with three children and four grandchildren.

Past Duty Stations: All over the world.

Career Plans: To retire.

Most Interesting Experience: Becoming a grandfather.

Words of Wisdom: Cooperate with others.

A day to honor military spouses

From the Chief of Naval Operations

Military Spouse Appreciation Day is tomorrow. Navy spouses stand watch as parents, volunteers, and valued members of the civilian community. Despite the significant challenges of balancing careers and Navy life, spouses do much more than survive; they thrive and contribute to our society in a meaningful and enduring way.

Without question, Navy spouses have my sincere admiration and respect. Please pass to them my personal thanks for their courage, strength, perseverance, and love of our Navy and the United States of America.

Sea Cadet Program needs members

All children ages 11-18 are invited to join the Sea Cadet Program. This programs offers children the change to work alongside active duty members, learning core values, discipline and team work. Adult volunteers are also needed to help with the program.

For more information on the Sea Cadet Program, email M_J_Laymon@sar.med.navy.mil.

Jax Air News


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From left, Lt. Mike Dubuque, Lt. Dan Kelly and Ensign Vanessa Volpe plan a strike during their recent training.

Photo courtesy of VS-22

VS-22 hones tactical skills

By Lt. Mark Alexander
VS-22 PAO

April marked the beginning of VS-22's Interdeployment Training Cycle. The "Checkmates" are recently participated in the Sea Control Advanced Readiness Program (SCARP), honing their weaponizing skills. The program kicked off with a thorough evaluation of the VS-22 ordnancemen. For three weeks, thousands of pounds of weapons were loaded in every possible configuration. Jets were prepared and groomed.

The Checkmate ordnancemen demonstrated their expertise loading every weapon in the S-3B arsenal. The ordnance evaluation phase concluded

with live weapons delivery flights in which VS-22 aircrew successfully dropped live ordnance with precision and accuracy.

The second phase of training was weaponizing lectures. Aircrew learned new tactical procedures and refined the old ones. Theory and experience were combined to provide guidance to new crews. Lessons learned in lectures were put to practical use in a series of simulator events. SCARP wrapped up with a final flight phase. Aircrew integrated all of the skills they practiced over the past couple of weeks. VS-22 is now more tactically proficient and ready to take part as a valuable asset in Carrier Air Wing Three.

HS-3 planning 50th anniversary celebration

By Lt. James Vega
HS-3 PAO

The "Tridents" of Helicopter Anti-Submarine Squadron (HS) Three will be holding their 50th Anniversary celebration during the first week of June.

Among the festivities planned for the week will be a family picnic day, various static displays, squadron tours, a motorcycle rally, and a Jacksonville Suns baseball game.

HS-3 was established on June 18, 1952 at the Naval Air Facility, Elizabeth City, N.C. The Tridents commenced operations flying the Piaseki UH-25B helicopter and later transitioned to the Sikorsky H-19 and SH-34 Helicopters.

HS-3 was also the first East Coast operational squadron to transition to the SH-3 Sea King and then to the SH-60F Seahawk helicopters. The squadron currently flies SH-60F and HH-60H Seahawk helicopters.

Their last major deployment was aboard the USS Enterprise (CVN-65), where they were among the first on station in the Persian Gulf following the tragedy of Sept. 11.

For more information on upcoming events for the Tridents 50th anniversary, contact me at 542-4620 or visit the our web site at <http://members.tripod.com/~helantisubronthree>.



Photo courtesy of VS-24

A VS-24 "Scout" S-3B Viking in support of Counter Drug Operations.

VS-24 'Scouts' shine in the sun

By Lt.j.g. Chad Lukins
VS-24 PAO

The "Scouts" of VS-24 recently completed an Orange Air Detachment to Naval Station Roosevelt Roads, Puerto Rico. The Scouts spent two weeks with Carrier Air Wing Eight in the Caribbean providing Orange Air support to the USS George Washington Battle Group

and participating in Counter Drug Operations with Commander Task Force Forty Seven. The Scouts were used as an effective tool in the war against drugs. They conducted surface surveillance, identifying all vessels moving north to ensure drugs were not being transported to United States territories. Scout aircrews logged 191 hours and the maintainers

rose to meet every challenge early on in the Inter Deployment Training Cycle. With only three aircraft and an aggressive flight schedule, maintenance personnel worked diligently to meet mission and training requirements.

When there was a break in the action, squadron members checked out local attractions. Some liberty locations enjoyed included

Palomino Island, the rain forest, and the beaches. Off duty activities included blue water snorkeling, golfing, boat rides, enjoying the local customs and relaxing on the beautiful beaches.

The Scouts proved again that they are a valuable asset for Carrier Air Wing Eight simultaneously engaging in the missions of Orange Air and Counter Drug Operations.

HS-11 earns Battle 'E'

Commander, Helicopter Anti-Submarine Wing Atlantic, Commodore James Pendley (far left) recently presented the 2001 Battle "E" award to HS-11's AVCM Richard Garcia, AVCM William Lukander, Cmdr. Brent Canady, commanding officer and Cmdr. John Schoeneck, executive officer.



Photo courtesy of HS-11

E-cards created for military members

As the war on terrorism continues, The American Legion is connecting citizens to their friends and family members with an Armed Forces Day E-card.

Armed Forces Day (May 18) was established by DoD in 1949 to unite citizens and military members together in support of our country. With our military involved in the war on terrorism, now is the time to say "thank you". That is why The American Legion has created a special card that can be sent to military members via e-mail.

A visit to The American Legion's web site www.legion.org is the first step. You must know the service person's e-mail address. Just click on the e-card link from the front page, fill in the information, select the branch of service song, type your message, click on "send". This service is free through May 18.

Run slated for May 29 Team competition added to Midway Race

From CNRSE

In addition to fresh air, exercise and the opportunity to meet a real-life World War II hero, a team challenge has been added to the Battle of Midway 5K Race.

A Battle of Midway Race Team trophy will be awarded to the winning team. Five-person teams are required for competition; the best four scores count. The winning team will keep the trophy for a year, when it will go up for challenge at next year's race.

The race will be held May 29, at 11:30 a.m. aboard NAS Jacksonville. Starting the race and assisting in the presentation of awards will be James Cunningham, Jr., a Battle of Midway veteran and retired Navy chief. Recipient of the Purple Heart and five Battle Stars, he was serving aboard the USS Hammann when it was sunk at Midway.

The race will begin south of the BOQ on Patrol Road, following a course down that road and back. After the race, Cunningham will present the team trophy along with awards for the top three male and female finishers. Registration forms are available at the Fitness Source

(Building 867) or Base Gym (Building 614) located on NAS Jacksonville. There is no entry fee. The first 100 to register will receive a free Battle of Midway 5K Run commemorative T-shirt.

The race is open to all military and DoD civilians. Participants from the outside community may compete only if they have a valid ID card and Department of Defense vehicle decal.

Late registration will take place up until race time. For additional race information contact Barbara Millhollan at 542-3518 (dmillhol@nasjax.navy.mil).

The Battle of Midway, which took place June 4 to 7, 1942, was the turning point of WW II in the Pacific. Veterans of this epic battle are being honored in annual remembrances. A Battle of Midway Memorial Dinner is being held May 31 at the Radisson Hotel on Jacksonville's Southbank.

The purpose of the Midway commemoration is to give all personnel time to pause and reflect upon this important event in Naval history. Cunningham will be available before and after the race to talk to participants about his experiences.

Columbia College holds commencement

From Columbia College

Columbia College held their 10th annual Commencement ceremonies last Friday at the All Saints Protestant Chapel. Retired Lt. Cmdr. Jennifer Carroll, executive director of the State of Florida Department of Veterans Affairs, was the keynote speaker. Degrees were presented by Rene Nichols, assistant dean for the Extended Studies Division of Columbia College and Michael Lyman, Ph.D., associate professor of Criminal Justice and Director of the Master of Science in Criminal Justice Program, Columbia College.

Approximately 90 candidates received their associate or baccalaureate degrees. They are:

Barreto, Ramon AA USMC
Bettis, Bridget D. AA (see BA/PSYC) Navy
Briggs, Charles W. AA Navy Reserve
Caldwell, James B. AA USMC
Escalano Jr., Raul AA Navy
Gentry, Michael L. AA N/A Harris, Sharif B. AA USMC
Hicks, Marguis AA Navy
James, Joseph AA N/A
Keeney, Hank AA N/A
Lim, Christopher E. AA N/A
Ritchie, Jondell AA Navy
Rodriguez, Randy R. AA Navy
Smith, Victoria J. AA N/A Strobidge, Jerome M. AA Navy
Walker, Benjamin AA (see BA/BA/Acct) Navy
Williams, John N. AA Navy
Willis, Daniel L. AA N/A
Belt, James A. AGS N/A



Photo by JO2(SCW) Eric Clay

Rene Nichols, assistant dean for the Extended Studies Division of Columbia College presents Suzanne Carpenter with her Bachelor of Arts Degree in Criminal Justice from Columbia College during graduation ceremonies last Friday at the All Saint's Chapel. Carpenter was one of 90 students who received a diploma.

Murdzak, Michael AGS Navy
Vorce, Theodore L. AGS N/A
Brandes, Terrell D. AS/CIS Navy
Corbat, Bryan S. AS/CIS Navy
Hamilton, Lisa E. AS/CIS Navy
McCray Jr., Johnnie L. AS/CIS N/A
Nzewi, Onunna I AS/CIS (see BS/BA) Navy
Sanchez, Carmelo AS/CIS (see BS/CIS) Navy
Scott, Darrick T. AS/CIS N/A
Spencer, Gloria J. AS/CIS AS/CIS N/A
Fitzpatrick, Michael G. BA/HIST/Posc Army
Carmley, Brian C. BA/BA Navy
Flores, Pablo J. BA/BA N/A
Johnson, Tara A. BA/BA

N/A
Lagoe, Daniel L. BA/BA Air National Guard
Lauchart, Donna S. BA/BA N/A
Masden, Donald G. BA/BA Navy
Millares, Maria BA/BA/Cis Navy
Picard, Jay C. BA/BA N/A
Ray, Mardene BA/BA N/A
Roa, Juan F. BA/BA USMC
Rogers, Calandra BA/BA N/A
Taylor, Lita M. BA/BA Navy
Walker, Benjamin BA/BA/Acct N/A
Barahona, Constance BA/CJAD N/A
Batchelor, Adam S. BA/CJAD Navy
Beard, Jon M. BA/CJAD N/A
Beaver, Gregory S. BA/CJAD N/A

Brizendine, Pamela D. BA/CJAD N/A
Braughton, Jason BA/CJAD Army Reserve
Burgess, Pamela J. BA/CJAD N/A
Carpenter, Susanne C. BA/CJAD N/A
Gober, Robert BA/CJAD N/A
Goshorn, J. Diane BA/CJAD N/A
Guthrie, Kevin J. BA/CJAD N/A
Hatman, Wayman IV BA/CJAD N/A
Joiner, Kathryn B. BA/CJAD N/A
Lee, Brian C. BA/CJAD N/A
Lee, Shawn T. BA/CJAD N/A
Lewis Jr., Frederick H. BA/CJAD N/A
Morgan, Carl M. BA/CJAD N/A
Morris, Jason W. BA/CJAD Navy
Schoonover, Robert BA/CJAD N/A
Stevens, David L. BA/CJAD N/A
Stewart, Robert BA/CJAD N/A
Tennyson, Peggy G. BA/CJAD N/A
Wilson Jr., James BA/CJAD N/A
Achey, Kimberly A. BA/GS Army Guard
Brown, Cris A. L. BA/GS N/A
Butsack, Shantelle J. BA/GS Navy
Gardner, James E. BA/GS N/A
Girardeau, Erica W. BA/GS N/A
Healy, Brian BA/GS N/A
Nickles, James W. II BA/GS Air National Guard
O'Brien Jr., Lawrence J. BA/GS Army National Guard
Stevens, Christopher A. BA/GS Army National Guard
Valentine, David J. BA/GS

N/A
Bettis, Bridget D. BA/PSYC Navy
Colon, Bettie J. BA/PSYC N/A
Florez, Miguel BA/PSYC Navy
Gant, Margo E. BA/PSYC N/A
Gibbs, Tiphanie C. BA/PSYC Navy
Martin, Charles A. BA/PSYC Navy
Martin, Michael E. BA/PSYC N/A
Matteo-Southard, Dolores B. BA/PSYC N/A
McNair, Shella M. BA/PSYC N/A
Ruffian, Theresa E. BA/PSYC N/A
Stoner, Shannon L. BA/PSYC N/A
Tamburine, Wafa V. BA/PSYC Navy
Tucker, Joseph M. BA/PSYC Navy
Wheeler, Traci BA/PSYC N/A
Betting, Laurie E. BS/BA/Finc N/A
Caccavo, Rodney J. BS/BA Navy
Cook, Willie J. BS/BA N/A
Cooper, Kenney A. BS/BA/Mgmt USMC
Ditch, Anne T. BS/BA N/A
Garcia, Jorge M. BS/BA/Mgmt USMC
Gardner, Cynthia L. BS/BA N/A
Hick, Derry G. BS/BA N/A
Jones, Dennis M. BS/BA/Acct Navy
Nalos, Federico G. BS/BA/Mgmt N/A
Pappas, Attis L. BS/BA/Acct N/A
Peters, Sylvia S. BS/BA N/A
Peterson, Faye E. BS/BA/Acct N/A
Pittman, William G.

BS/BA/Acct N/A
Rosado, Marta N. BS/BA/Mgmt N/A
Ross, Jeanette M. BS/BA N/A
Waldo, Joseph M. BS/BA Navy
Bell, Norval BS/CIS N/A
Boehne, Fred J. BS/CIS N/A
Bourne, Larry D. BS/CIS N/A
Clarke, John R. BS/CIS N/A
Eslick, Franklin M. Jr. BS/CIS Navy
Fields, Toney L. BS/CIS N/A
Guillaume, Jacque BS/CIS N/A
Hancock, Michael S. BS/CIS N/A
Haywood, Keisha R BS/CIS Navy
Hung, Hing C. BS/CIS N/A
Kaulfers, Deborah L. BS/CIS N/A
Lozano, Fernando A. BS/CIS Navy
Merkison, Elmer D. BS/CIS Navy
Miller, Merrill BS/CIS Navy
Rees, Richard A. BS/CIS N/A
Sanchez, Carmelo BS/CIS Navy
Shimp, Samuel S. BS/CIS Navy
Spencer, Gloria J. BS/CIS N/A
Turner, Sherman BS/CIS Navy
VanCuren, Kimberly A. BS/CIS N/A
Williams, Melvin BS/CIS N/A
Wilson, James K. BS/CIS Navy
Work, Walter P. BS/CIS National Guard
Nzewi, Onunna I BS/BA&BS/CIS Navy

‘Trident’ Sailor retires after 20 years service

By Lt. James Vega
HS-3 PAO

AD1 Jerry Johnson recently bid farewell to his shipmates in Helicopter Antisubmarine Squadron (HS) Three after more than 20 years of naval service. Johnson's retirement ceremony was held on April 19 at the NAS Jacksonville base theater, and was attended by numerous friends, family members, and shipmates.

Johnson hails from Dacula, Ga. and entered active service in June of 1982. He has served with five aviation squadrons during his 20-plus years of service. The most recent of these commands was the HS-3 "Tridents", where he served as the Power Plants work center supervisor.

Johnson's extraordinary record of duty includes six deployments, the first of which was with the VA-46 "Clansmen" at NAS Cecil

Field. During this tour Johnson deployed aboard USS America (CV-66). Following a shore tour with the VT-4 "Warbucks" at NAS Pensacola, Johnson returned to Jacksonville for a tour with the HS-7 "Shamrocks", where he participated in two major deployments. During his first deployment aboard USS John F. Kennedy (CV-67), participating in both Operation Desert Shield and Operation Desert Storm.

After a second shore tour at AIMD, Naval Station Mayport, Johnson returned to NAS Jacksonville for sea duty with the HS-5 "Nightdippers", returning to the North Arabian Gulf aboard USS John C. Stennis (CVN-74).

He joined HS-3 in 1999, where he made his farewell deployment aboard USS Enterprise (CVN-65). During this deployment, he again visited the North

Arabian Gulf once in support of Operation Southern Watch and Operation Enduring Freedom. The traditional retirement flag took on special significance when Enterprise flew it on his son's birthday in 2001.

Johnson's many awards include two Navy and Marine Corps Achievement Medals, five Good Conduct Medals, Navy Expeditionary Medal, National Defense Service Medal, three Southwest Asia Service Medals, two Armed Forces Expeditionary Medals, Armed Forces Service Medal, Navy Pistol Expert Medal, two Kuwait Liberation Medals, two Navy Unit Commendations, four Sea Service Ribbons, four Letters of Commendation and four Letters of Appreciation.

Cmdr. Lee Schonenberg, commanding officer of HS-3, praised Johnson's contribution to country, saying,



AD1 Jerry Johnson

"Petty Officer Johnson has endured many sacrifices in serving his country for more than twenty years. His professionalism and devotion to duty are models for us all to follow."

Johnson's future plans are to continue his career as an aviation mechanic on civilian aircraft, and to find time to enjoy fishing and a relaxing life. The Tridents of HS-3 would like to extend their deepest thanks to Johnson and his family for their years of hard work and sacrifice in the defense of our nation, and wish him the best of luck.

HSO postal clerk honored

By JOC Bill Austin
HSO Public Affairs Officer

Hard work and dedication was recognized on April 29 as the Naval Healthcare Support Office (HSO) officially named PC2 Robert Miller II as their Senior Sailor of the Quarter. Miller, who hails from Tampa, Fla., is the son of Robert and Kathy Miller also from Tampa.

"This is a Sailor who hit the ground running when he reported in," said YN1 J.D. Craig, Miller's leading petty officer (LPO). "Aside from his postal duties, he has taken on and excelled in a wide variety of collateral duties that are usually held by more senior people. He's got a great future ahead of him," added Craig.

Besides his duties as the assistant LPO of Administration Department, Miller is the command's security manager and message traffic petty officer.



PC2 Robert Miller II
Senior Sailor of the Quarter

Although Miller has less than five years in, he offers some sage advice to personnel entering the Navy today. "Set goals both long and short for yourself and take advantage of all the opportunities the navy has to offer," he said.

He also had a warning for those Sailors who may get side-tracked along the way of those initial goals: "Don't forget the reason you came in," he added with a smile.

NavHosp News

Hospital basketball tournament benefit for NMCRS exceeds goal

By Loren Barnes
Naval Hospital Jacksonville Public Affairs

Naval Hospital Jacksonville continues the push for Navy Marine Corps Relief even though the hospital staff has exceeded the command's original goal by \$10,000. With the hospital at \$27,000, the staff is beyond 150 percent of goal (\$17,280), and the total is rising.

Hospital NMCRS Fund Drive Chairperson Lt. Sean Judge and Key persons HM1 Terry Banks and HM1 Joseph Tarver recently added \$150 to that total with a 3-on-3 Basketball Tournament they organized. The tournament, which took place Friday, April 26 at the NAS Jacksonville Gym, had five teams compet-

ing; VP-30, the Seabees' "Killer Bees," three teams from the Naval Hospital including, X-Ray, the "Officer's, and a team called "Elvis."

VP-30 emerged from the final game against the "Killer Bees" as the tournament champions, with a final game score of 36-21. Tarver, who refereed the tournament, said play was intense as team members scored as many points as possible in two, 8-minute halves. Baskets in front of the three-point line counted as one point. Baskets beyond the three-point line counted as two points.

Tarver said the hospital hopes to make the tournament an annual event, with even more teams competing next year.

The Naval Hospital has several more fund-raisers in the works before closing out the drive. These include a bake sale,

an auction of services donated by hospital personnel, and a golf tournament for staff participants.

The dollars raised by all these events benefit our own, Sailors helping Sailors. Over \$40 million of financial assistance to Sailors, Marines, and their families who had financial need was disbursed in 2001 by the Navy-Marine Corps Relief Society. Money was dispensed for such necessities as food, shelter, home and car repairs, rent, furniture, utilities, phone bills, child care, uniforms, civilian clothing and storage of household goods for families who found themselves financially strapped. Assistance also was provided for interest-free loan and grants. When Sailors and their families find themselves in need the Navy-Marine Corps Relief Society is there to help.



Photo by Bill Banser

VP-30 and the "Killer Bees" go head-to-head in final play of the Naval Hospital 3-On-3 Basketball Tournament.

May is national High Blood Pressure Education Month

By HM2 Christina Helms
Naval Hospital Jacksonville Public Affairs

What's all the hubbub about controlling blood pressure?

Well recent data from the Framing Heart Study reported, "As a person's blood pressure rises above the optimal level of 120/80 mmHg, the risk of suffering a stroke, a heart attack, or heart failure increases. Even study participants with a high to normal blood pressure of 130/85 had 1.5 to 2.5 times greater risks in

ten years than those with optimal blood pressure, the higher the pressure the higher the risk."

Now that's all great information if you know what in the world it means, the problem is that the average Joe probably doesn't know the difference between the top and the bottom numbers of the blood pressure reading. For that matter they may not know what their own regular blood pressure is. That is exactly the reason for High Blood Pressure Education Month.

National High Blood

Pressure Education Month 2002 begins a year long intensive focus on knowing your blood pressure numbers and what affect they can have on your health.

The first step in getting educated about your blood pressure is having it checked. There are a couple of great locations aboard NAS Jax where you can walk right in and have your blood pressure checked. It's quick, relatively painless, and free. The NAS Jax Fire station and the NAS Jax Wellness center welcome walk-ins during normal working hours for a blood pressure check.

Also on the May 22 and 23 a health fair will be held at the Naval Aircraft Depot (NaDep), free blood pressure screenings will be conducted from 10 a.m. to 1 p.m.

Once you have your reading you still may not know what effects it could have on your health. There are numerous resources available for information concerning blood pressure. One great one is The Wellness Center aboard NAS Jax which conducts a high blood pressure class for anyone interested in gaining a more in-depth understanding about blood pressure. For information call 542-5292.

The top number of a blood pressure reading is called the systolic blood pressure this is a reading of the force placed on the arteries when the heart beats. The bottom number, or diastolic pressure, is the force being placed on the arteries when the heart is relaxed. Usually when a person's blood pressure rises the heart is working

harder.

Even though high blood pressure can be a genetic problem that can't be changed there are several controllable risk factors. Obesity, smoking, lack of exercise and or fruits and vegetables, or a diet high in salt and sodium are all very controllable risk factors. "Just losing ten pounds can make a differ-

ence in a persons blood pressure", said Cmdr. Katherine Natoli, Wellness Center department head.

More information concerning prevention and control of high blood pressure can be obtained by contacting the Health Education Department at Naval Hospital Jacksonville by calling 542-7700 or 542-7431.

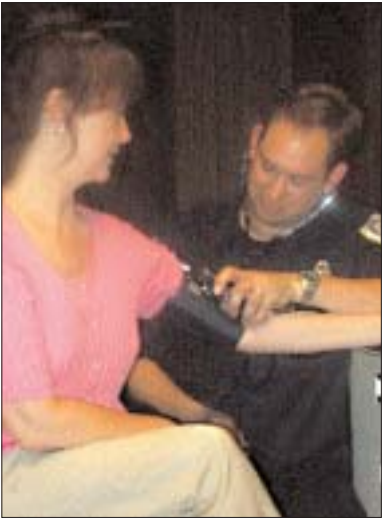


Photo by HM2 Christina Helms

Terry Robison gets her blood pressure checked by Firefighter Erik Johnson.

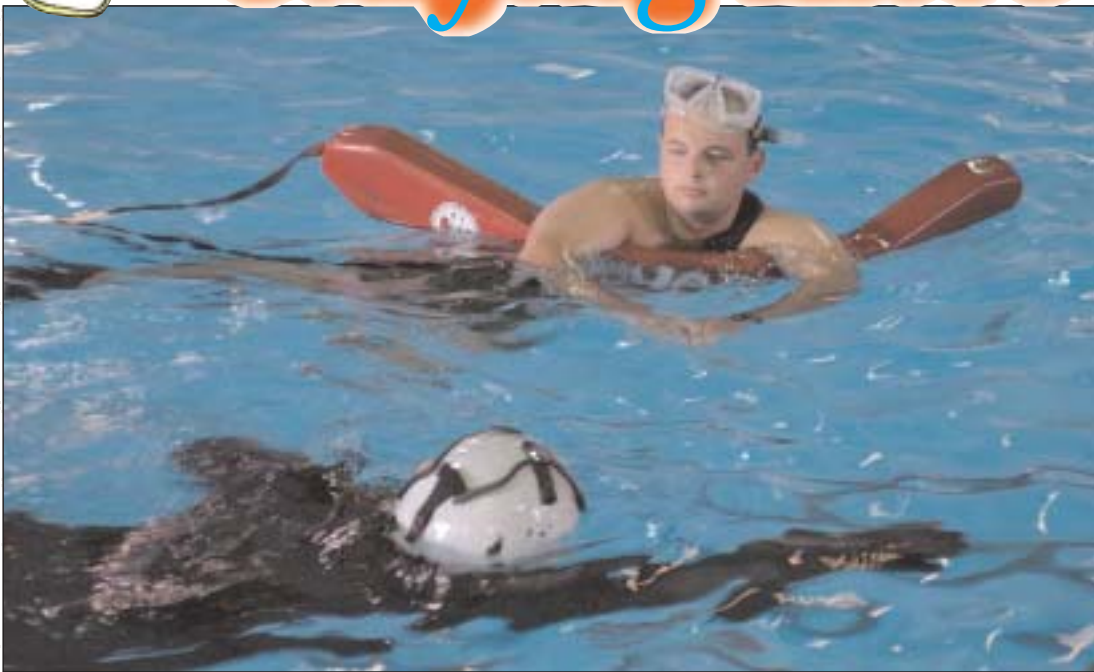
PINK RIBBON QUILT

"Don't let your mother be just a memory"

In honor of Mother's Day, please join us at the Wellness Center today, from 11 a.m. to 1 p.m. to honor and memorialize those affected by breast cancer. There will be a demonstration/instruction on how to make a square for the "Pink Ribbon Quilt" to be displayed at Naval Hospital Jacksonville.

A fat quarter each of white and pink 100 percent cotton material is necessary. Bring a brown bag lunch if you like. The event is sponsored by the Naval Hospital Jacksonville Wellness Center and Surgery Clinic and is limited to 30 seats. To sign up or for more information call Nikki Levinson-Lustgarten at 542-7857.

Staying Alive



HM2(SW) William Triplett swims along with a Navy pilot, dressed in full flight gear, to ensure his safety.



Navy corpsmen and pilots help each other out during the two-day training evolutions.

~ ASTC ~ Keeping the flying traditions afloat

By JO2(SW) Cliff Williams
CNRSE Public Affairs

Naval Officers train vigorously to have their dreams come true to be a pilot. They get to fly through the air and see the beauty of the skies and the landscape that is nothing but breath taking.

Whether flying a jet aircraft or a helicopter, the ability to soar with the birds is something envious to individuals who are grounded on a regular basis. Whether in the air or on the ground, pilots always have the thought that their aircraft may at some time crash.

They don't wear the typical Navy uniform. As a matter of fact, their uniform of the day is usually a t-shirt, swimming trunks and sandals or gym shoes. But that does not make them any less dedicated to the cause to which every Sailor dedicates their time in service. That is why the personnel of the Aviation Survival

Training Center (ASTC) of Naval Air Station Jacksonville, are some of the unsung heroes of the Pilots of today's Navy.

The purpose of ASTC training is to familiarize designated and prospective flight crews with the physiological hazards associated with flight. Topics include: hypoxia, hyperventilation, sensory physiology, stress, human performance, spatial disorientation, G-Forces, aviation life support systems, emergency egress and basic first aid. "The purpose of ASTC is to provide aircrew training which will help the students accept the physiological effects of flight and techniques of survivability. This will compensate to help minimize the effects and consequences by properly utilizing their aviation life support systems and modifying their habit patterns," explained ASTC Departmental Head, Lt. Cmdr. Eric Sherman.

ASTC is more than a training evolution, it is taken seriously by both pilots and trainers, after all, a pilots' life is in their hands if an aircraft ever goes down. "We teach pilots how to survive," stressed HM2(SW) Williams Triplett, an instructor for the pilots. "We teach them scenarios that happen in flight, when they crash and how to survive landing in water."

Pilots have to go through ASTC training every four years, which lasts for two days. As a modern marvel of today's technology, virtual reality is used in controlling parachutes the pilots are training for Parachute Landing Falls (PLF).

For the pilots, this training is important because it is their life that is on

Photos
by
JO2(SW)
Cliff Williams

While swimming for ASTC training, pilots are required to wear an entire flight suit, including boots and helmet.



Staying Alive

It's a team effort to ensure everyone makes it into the life raft.

ATCS: Training sailors to stay alive

From Page 6
the line if they happen to go down. "This training is vital for all the pilots," stressed Natalia Henriquez, a VS-32 pilot. "We have to know what to do when a scenario like a crash happens, this training is very important."

ASTC also trains pilots in the water just as much as in the parachutes. "On the water side of the training, we run them through bathing suit and underwater swim," said Triplett. "We also put them in flight gear, and depending if they are a jet or prop aircraft, they are drug across the water and have to get out of their parachute harness." ASTC also hoists pilots ten feet above water and drop them with a parachute, simulating real scenarios dealing with a pilots ability to escape the parachute that can be deadly if it is pulled into a current, ultimately bringing the pilot down with the current.

Other rigorous testing includes regular water swims of 45 yards, underwater swim with flight gear and the Helo Dunker, a training device used to simulate a Helo crash in the water. The Helo Dunker has various ways of simulating a water crashed Helo. First, one way is that they put the tanker straight in the water sinking directly down, ensuring the pilots use their knowledge of the aircraft to escape. A rotating dunk is next, considering that the Helo's are top heavy and are most likely flip in the water during a crash. Also there is a medevac sink. Where the dunker is submerged half in the water and simulating that one of the pilots or passengers are injured. Thus, making a situation for pilots to be able to float the injured personnel using

basic first aid taught in the class by the corpsmen.

There are no exemptions at all in this course, just like in a flight situation...failure is not an option. "Whatever part of the course a pilot does not complete, that person has 90 days to complete whatever evolutions that person may have failed," explained Triplett. "Also if the person fails to comply with the 90 period, that person is then grounded from flying and has to take the entire course all over again."

The great thing about the ASTC is that it is always evolving into something better, just like the aircraft used by the Navy. "I've been through this training about eight times," explained Sherman. "It has impacted the way I fly. Whenever I enter an aircraft period, I'm looking for my escape route. These are just some of the techniques we teach here."

Being a corpsman at ASTC, a lot of training is involved. "We have to go into depth about anatomy, physiology and sensory," explained Triplett. "We have to know this stuff so that when we are teaching we are educated to give the correct answers to the questions given."

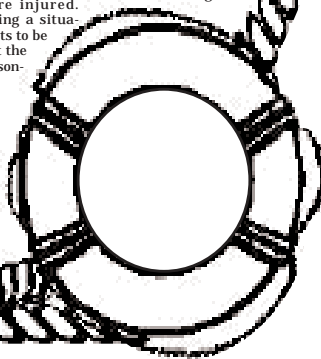
Day in and day out the ASTC personnel do their job superbly, knowing that they are truly some of the many unsung heroes aboard Naval Air Station Jacksonville. They are not widely known for the great contributions to some of the greatest pilots in the Navy. Some don't even know what ASTC is. But the people who have become to rely on them are the pilots, and they know that they are better pilots after they leave the training.

Pilots are strapped into the helo dunker for one of many drops into the water.

After being submerged in the helo dunker, pilots must swim to the raft, working together to ensure that the raft doesn't tip over.



HM2 Thompson gives the pilot a helping hand as he insures he is properly hooked up to the hoist-assisted pulley.



Naval hospital government purchase card ‘discrepancy free’

By Loren Barnes
Naval Hospital Jacksonville Public Affairs

The Government Purchase Card Program has recently received national media attention focusing on incidents of misuse. DoD officials note that the card program, despite some problems which the DoD is aggressively working to correct, saves the tax payer millions of dollars annually by increasing efficiency and reducing bureaucracy. They also point out that the incidents of misuse represent a tiny fraction of the hundreds of thousands of card holders authorized by the DoD and that most commands manage their programs well. The Navy and the DoD could point to Naval Hospital Jacksonville as a command which exemplifies excellent purchase card program management. The hospital currently oversees 21

purchase cards issued to Purchasing Agents and Supply Petty Officers in various hospital departments and the seven Branch Medical Clinics under the hospital's cognizance. In March, the hospital underwent an annual Purchase Card Program review, conducted by Fleet and Industrial Supply Center Norfolk, Va., Procurement Management Team, Charleston Site. The review team goes through the activities purchase card transaction records looking at individual transactions made by randomly selected card holders. The review consists of three elements: transactional, internal management controls and other specific purchase elements. Each of these elements have critical elements that are considered, including such things as exceeding the micro-purchase threshold of \$2500, questionable purchases, misuse and abuse of the purchase card, failure to use mandatory

sources, separation of functions and splitting of requirements (dividing up purchases so as to exceed the authorized spending cap for individual purchases). The review team grades activity purchase card programs as either "Acceptable" or "Unacceptable" following the review. The hospital received the results April 8 — "Acceptable" with no discrepancies noted. The Naval Hospital's Assistant Director for Resource Management Lt. Cmdr. Pia Woodley attributes this accomplishment to the thoroughness and attention to detail of the Program Managers. These include Agency Program Coordinator Melanie Gibson and Alternate Approving Officials Linda Middleton and Kathy Bianchi. She noted that they are proactive in correcting any problems that occur in an account as soon as they discover it in the monthly certification process.

Woodley also credits the card holders with being very conscientious with their procurements. "They have a big responsibility," Woodley said. "Many of them work in autonomous situations as the primary procurement person for their department or outlying Branch Medical Clinic." Woodley noted that these people are responsible for millions of dollars in procurement expenditures, mainly for medical supplies or services. Last year, Naval Hospital Jacksonville activities were responsible for \$3-4 million in purchase card transactions. Naval Hospital Jacksonville Commanding Officer Capt. Ralph Lockhart also lauded the program's management saying in a message to the hospital staff, "To have no discrepancies during an audit speaks volumes about the Purchasing staff and the Supply Petty Officers who are credit card holders."

"It is good that the command did well in the audit but this is not the time to sit back on our laurels," Woodley said. She noted that the program is currently under increased scrutiny both by the DoD and the public. She also pointed out misuse or poor oversight of the purchase card program can have severe penalties both for the individuals involved and for the command. Individuals can face mast, fines, even jail time. Commands can, in serious circumstances, have their purchase card authorization revoked. That would be a disaster she said for a command such as the Naval Hospital which uses the program for vital supply purchases. Woodley shouldn't lie awake nights worrying about this. So far, the hospital has set the example of how the purchase card program should be run, demonstrating that Naval Hospital Jacksonville is serious about managing tax payer dollar expenditures wisely.

HELPING HANDS

Jacksonville Baptist Home for Children

If you have a group of at least five people who are interested in helping out at the Jacksonville Baptist Home for Children on University Blvd. (near the Atlantic Blvd. intersection, behind Love Grove Elementary School) - volunteers are needed to plant flowers; assist with raking lawns and bagging leaves, and for minor clean-up in the horse barn. Refreshments and tools will be provided. Shifts are available during the week from 9 a.m. – 2 p.m. (including free lunch) and Saturdays from 9 – 11:30 a.m. To sign up please contact Sherri Albertson at 542-5380 or Cindie Badger at 270-6600, Ext. 137.

WJCT's Starry Night at the Met

WJCT would like volunteers to help out with security and ticket taking duties for their concerts on Saturday and May 18 at Metro Park (across from AllTel Stadium in downtown Jacksonville). All volunteers are asked to arrive between 5 - 5:30 p.m. Security volunteers will work until 11 p.m. All volunteers are welcome to stay and enjoy the concert free of charge. If you are interested in signing up, call Bonnie Golden at 358-6383.

Seventh Annual 'Stand for Children' Walk

The Seventh Annual Stand for Children Walk is May 18th. Volunteers are needed to help with set-up, operation, and participation as walkers in this annual event, co-sponsored by the Child Watch Partnership of Jacksonville and Monique Burr Foundation for Children, held to increase awareness for child advocacy. Festivities begin at 8 a.m. at Treaty Oak (Jesse Ball Dupont Park) and end at the Jacksonville Landing. Activities at the Landing will include face painting, train rides, courtyard dancing, health clinics, educational interaction booths, giveaways, finger painting, balloon art, temporary tattoos, food, and more. Minimum age requirement is 13 years. To sign up contact Barbara Florio at 642-0210 or Dianne Parker at 542-2766, Ext. 130.

Lights, camera, kids!

The 20th anniversary of the Children's Miracle Network celebration broadcast is June 1-2 at WJXT. Help with event set-up and take down, registration, pledge verification, data input and food display. The minimum age is 14. Call Lauren O'Shields at 202-2900 for details.

VP-30 to host DEFY summer camp

From VP-30

A five-day residential DEFY Summer Camp is being hosted by VP-30 at Camp Blanding July 14-19. DEFY is a two-phased prevention program for kid's ages 9-12. DEFY deters "at risk" behaviors by giving kids the tools they need to resist drugs, gangs and alcohol. It focuses on building self-image, interpersonal relations, goal setting, leadership, and team building skills. It is a challenging, fun-filled week in the summer

(Phase I) followed by a year of mentoring (Phase II). This camp is only for military and DoD children. Volunteers are also needed to help run the camp. All volunteers must be able to get no cost TAD orders for one week and attend mandatory staff training. Applications for camp guests and staff members can be picked up and returned to the VP-30 Duty Office or via Internet at <http://www.hq.navy.mil/defy>. Email applications back to macdonaldr@vp30.navy.mil or navyc-cc@aol.com. All staff and youths will

be notified if selected. The deadline for registration is May 10. A mandatory meeting for parents will be held June 19th at 6 p.m. in the VP-30 auditorium. The camp begins July 14 at 3 p.m. Youths should be dropped off at VP-30. Parents can pick up their children after the graduation ceremony and picnic on July 19 at Sea King Park. For more information, call AMC (AW) MacDonald at 542-3077, NCC(SW/AW) Long at 542-3769, or YN3 Green at 542-3022.

SERVICE CENTER: NPC center now available online

From Page 1

"The NPC Customer Service Center defines our mission/purpose. It's about our focus as one NPC team on 'doing the right thing' for our oOfficers and Sailors. It's about providing a level of personalized customer service unmatched in the civilian world, - a true milestone in Navy Personnel Command's 50-year history," said spokesman Lt.Tj.g.g Bill Danzi. If the customer service center staff cannot issue an immediate answer to a question, that issue receives a service request number, said Danzi. The Sailor may then use that number to track that particular contact with the customer service center. After an issue is resolved, the Sailor will receive a phone call or an email from the center to confirm that the Sailor received suffi-

cient information. The issue will stay in the information chain until the resolution is verified. This system is known as the "Call to Resolution" system. The center will also feature a web-based information tool, known as a "Click to Resolution" system. This web-based tool will be accessed from a link on the existing Sailors can also visit the StayNAVY website at: www.staynavy.navy.mil. Sailors can surf the site and utilize the knowledge base to see if their question matches one of the fFrequently aAsked qQuestions from other Sailors around the world. They can also log on to the web site to see the status of their current ticket, or track their last five interactions with the customer service center. CRM is an integral part of a trend in business called "E-business transformation." The Navy will gain a far better view of the

Sailors as it gathers data via this effort. Answers to calls and on-line queries will be tracked to completion. The Navy will also build a database of questions as this project progresses. Staffers at the customer service center cannot answer any questions that would require an opinion or speculation. Sailors should

still call their detailer for specific detailing information regarding orders or community updates. For more information on the customer service center or other retention initiatives, contact Center for Career Development at DSN 882-2200 or visit us on the web at <http://www.staynavy.navy.mil/>.



Education fair to help military earn college degrees

From the Navy College Office

The Navy College Program Distance Learning Partnership is offering opportunities for Sailors to earn rating-related associate or bachelor degrees on Tuesday from 10 a.m. to 2 p.m. in the NAS Jacksonville BOQ Conference Room.

Representatives from the following schools will be on hand to provide information:

School	Applicable Ratings
Central Texas College	(2 year) MS, SM
City University	(4 year) JO, PH
Coastline	
Community College	(2 year) AS, AT, AW, BU, CE, CM, CTM, CTO, CTR, DC, DT, EA, EM, EM(NUC), EN, EO, ET(NUC), GSE, GSM, HM, HT, IC, JO, MM, MM(NUC), MR, MT, NC, PC, STG, STS, SW, TM, UT

Dallas County Community College	(2 year) YN
Embry-Riddle Aeronautical University	(4 and 2 year) ABE, ABF, ABH, AC, AD, AE, AG, AME, AMH, AMS, AO, AS, AT, AW, PR
Empire State College	(4 year) ABF, ABH, AK, AMH, AMS, DC, CK, HT, MS, SH, SK
Excelsior College	(4 year) CTI (2 year) BU, CTA, CTI, DC, LI
Florida Community College, Jacksonville	(2 year) All Navy Ratings, AO, BU, CM, DC, EO, EN, FT, JO, NC, SH, SW, UT
Florida State University	(4 year) All Navy Ratings
Fort Hays State University	(4 year) AS, AW, AZ, BM, BU, CE, CM, CTA, CTM, CTO, CTR, CTT, DC,

George Washington University	(4 and 2 year) HM(IDC)
Old Dominion University	(4 year) ABE, AE, AT, CTM, CTR, CTT, DT, EM, EM(NUC), EN, ET, ET(NUC), FC, FT, GM, GSE, GSM, HM, MM, MM(NUC), MR, MT, STG, STS
Rogers State University	(2 year) AT, EM, ET(NUC), EW, FC, MM(NUC), STG
Southern New Hampshire University	(4 year) AO, BU, LI
Thomas Edison State College	(4 and 2 year) AC, AG, CTI, EM(NUC), MM(NUC), MU (2 year) AD, AE, BU, CE, CM, CTM, DT, EM, ET,

Troy State University	(4 and 2 year) BM, CTA, DK, SK
University of Maryland	(4 and 2 year) BM, CTO, DM, FT, IS, IT, LN, OS, QM, SM, YN
Vincennes University	(2 year) ABE, AD, AE, AK, AS, ASE, AZ, AT, AQ, AW, AX, BU, CE, CM, CTM, DS, EM, EN, EO, ET, EW, FC, FT, GM, IC, LI, MA, MM, MN, MR, OTM, PC, PN, SH, SK, ST, STG, STS, TM, YN

Representatives from the Navy College Learning Center and United Services Military Apprenticeship will also be present at the fair. All hands are invited to attend. For more information, call Jeanie Fleming at 542-2545.

Embry Riddle Aeronautical University summer classes

The following classes are available for the summer session from May 27 – July 27:

NAS Jacksonville Undergraduate Classes						
Course	Code	Title	Day	Time	Bldg.	
AS 254	C	Aviation Legislation	Thu	5-9:45	Jax 537	
AS 401	A,P,U	Airport Dev. & Ops Comp Lab	Thu	5-9:45	Jax 110	
BA 333	P,U	Personal Financial FL Real Estate Planning	Tue	5-9:45		
BA 410	B,P,U	Mgmt. Of Air Cargo	Mon	5-9:45	NAMTra Rm. 119	
COM 221	C	Technical Report Writing Comp Lab	Wed	5:30-10:15	Jax 110	
Lab MA106 L		Basic Algebra/Trig	Thu	5-9:45	NAMTra Rm. 119	
PS 102	C	Explorations in Physics	Tue	5-9:45	Jax 537	
SF 350	A,S,U,P	Aircraft Crash & Emergency Mgmt.	Wed	5-9:45	Jax 537	
WX201	C,L	Meteorology Comp Lab	Mon	5-9:45	Jax 110	

NS Mayport Undergraduate Classes						
AMT 260	1,A,L	Aircraft Electrical Systems Theory	Wed	5-9:45	Rainey Hall	
SF 320	A,S,P	Human Factors in Aviation Safety	Tue	5:15-10	Rainey Hall	

Undergraduate Course Requirement Codes:
A= Aviation Area of Concentration B= Business Minor C= Core Course P=Professional Development Elective S= Safety Minor/Certificate 1= AMT Certificate 2= Core BSMT0 3= HU/SS Upper Level Elective U= Upper Level Open Elective L= Lower Level Open Elective

Graduate Classes						
MAS	C	Human Factors in Aviation/ Aerospace Industry Comp Lab	Tue	5-9:45	Jax 110	
MAS000	TBA			5-9:45		
MAS 690		Graduate Research Project				

Registration is currently ongoing. For more information, call 779-0246.

FFSC offers programs

The Fleet and Family Support Center Life Skills Education and Support Program is the foremost prevention measure for the avoidance of personal and family problems. All FFSC workshops and classes are free of charge and available to service members, family members and civilian personnel aboard the base. Pre-registration is required. If special accommodations or handicapped access is required, please notify us upon registration. Contact 542-2766, x127 to register.

- The following workshops are available during the month of May 2002:
- May 13-17, 8 a.m. – 4 p.m. – Command Financial Specialist Training
 - May 13 and 20, 1-5 p.m. – Assertive Communication Training (two-part workshop)
 - May 14, 11 a.m. – 1:30 p.m. – Budget for Baby Workshop
 - May 14 – 9 – 11 a.m. – What about the Kids?
 - May 20, 9 a.m. – noon – Florida Family Law Information Seminar
 - May 20-23, 7:30 a.m. – 4 p.m. Transition Assistance Workshop (retirement)
 - May 21, 6-8 p.m. – Budget for Baby Workshop
 - May 21, 8 a.m. – 4 p.m. – Stress Management Workshop
 - May 22, 9 – 10 a.m. – Sponsor Training Workshop
 - May 23, 8-11 a.m. – Anger Control Workshop
 - May 23, 6:30 – 9 p.m. – Ombudsman Assembly
 - May 28, 9:30 a.m. – noon – Time Management
 - May 29, 8 a.m. – noon – Divorce Adjustment Workshop
 - May 30, 1:30 – 3 p.m. – Volunteer Service Council

On The Go With USO

Starry Nites Concert Series

The Starry Nites Concerts begin on Saturday featuring the Pointer Sisters, On May 18 the series will feature Trisha Yearwood; and on June 1 Blood, Sweat & Tears take the stage. While lawn-seating tickets will be \$15 at the gate, we will continue to sell ours for \$13 and children under 12 are free. Bring your picnic basket, blanket or lawn chairs and enjoy a night of great music under stars. Food will also be available for purchase.

USO Night at the Zoo

The 11th Annual USO Night at the Zoo is May 11. The event is open only to active duty and guests from 6 - 8:30 p.m. Tickets are still only \$1 for those 4 years old and up. Ticket prices

include the train ride. Advance tickets are available at the USO Office, Bldg. 1050 (at the front gate of NAS Jacksonville). Get them in advance to avoid standing in line at the Zoo. Enjoy the animals, train ride, petting zoo and the new Australia Outback exhibit. The concession stands will be open. This event is sponsored by the Holiday Inn of Orange Park and VyStar.

NASCAR tickets

The USO will have free tickets to the NASCAR Busch Grand National Series 250 race on July 5. The event begins at 8 p.m. The free tickets will be in our office on June 21. however, we will begin taking names on June 10. Active duty may have as many as they desire (within reason). Military retirees are allowed two tickets.



Photo by PH1 Spencer Layne

‘Nightdippers’ help replenish ships at sea

At sea aboard USS John F. Kennedy (CV 67)-- An H-60 “Seahawk” helicopter assigned to the “Nightdippers” of Helicopter Anti-Submarine Squadron Five (HS-5) lifts cargo from the fast combat support ship USS Seattle (AOE 3) during an underway replenishment with Kennedy. Kennedy and her embarked Carrier Air Wing Seven (CVW-7) are conducting combat missions in support of Operation Enduring Freedom.

MWR NOTES

May MWR Events Week 9 May

Showers and restrooms closed

The showers and restrooms of the Fitness Source will be closed tomorrow and this weekend for a scheduled surface protection treatment. The pro shop will also be closed this weekend. All patron traffic should enter from the Wellness Center. Water and drinks will be available for purchase. We are sorry for any inconvenience this necessary action may cause anyone.

Bingo specials

Catch the Bingo fever Monday-Friday and enjoy lunch as you play. Get in on Mondays VIP and Lollipop game, two-for-one Tuesdays and special games, double lucky ball Wednesday and two appreciation games, wild number Thursday and buy one, get one free and Fridays \$50 payouts! Part A \$1,500 game.

Bingo will be closed Tuesday (day and night) and May 16 (day only).

Nighttime Bingo is played every Sunday, Monday, Tuesday and Thursday evening. Doors open at 4:30 p.m.

Super Saturday Bingo is coming June 1 at The Zone. Package door sales start at 11 a.m.

Call our Bingo Hotline at 542-5007.

CPO Club activities

Settle back at your club and enjoy some great deals and fun. Members of the Monday Mug Club can enjoy refills for \$1. Tuesdays and Thursdays enjoy Happy Hour with free munchies and beverage specials from 4 – 8 p.m. Wednesday bring your spouse to the club and they enjoy beverage specials. Dance to your favorite tunes, bring your own CD's. On Wednesday and June 19, bring your boss to lunch at the club and receive a free drink.

Budweiser Brew House open every day

This full service restaurant and bar is open seven days a week from 11 a.m. – 10 p.m. Enjoy karaoke on Wednesdays at beginning at 7 p.m.

Free movies in the base theatre

Friday, 7 p.m. - Kate & Leopold (PG)
Saturday, 5 p.m. - Jimmy Neutron (PG).
To read a description of these movies visit MWR online. Please do not leave children under 18 unaccompanied. No alcohol is permitted in theatre.

Fun in the sun

Stop by the Mulberry Cove Marina and rent some watercraft. It's only \$25 an hour for jet-ski rentals from June - August for active duty. We provide all the training required for not additional cost. Gear up for springtime camping and get two items of camping gear free when you rent a 3 or 4-person tent.

Sign up now for sailing classes

Sailing classes are being offered at Mulberry Cove Marina. The cost for Basic Sailing Centerboard is only \$80/person. Designed for the beginner, classes are held Saturdays and Sundays: Class #3 June 1-

23, Class #5 Sept. 7-29 or take them on Tuesdays and Thursdays from 4:30 -7:30 p.m., Class #4 May 28-June 25. Call the Marina for info at 542-3260.

Relax and enjoy getting away

You deserve a vacation, stop by I.T.T. and sign up for one of the many trips on the calendar. For more information stop in our office located across from the Post Office or give us a call at 542-3318. Trips are open to all base personnel and their guests.

Saturday - Savannah Smiles - Take a historical trip that includes a trolley tour and transportation for only \$26.50.

Sunday - Mothers Day The Island Way - Treat mom to a trip to St. Simons Island on for a day she will love. Transportation, trolley tour of the island, and entrance to the lighthouse is only \$29.75 per person.

May 18 - Mt Dora - See this quaint city and do some antique shopping for only \$11.25 per person.

May 19 - Go fishing on a brand new boat for 10 hours of deep-sea fishing. Adults are \$66.75, children and seniors are \$61.75.

June 5-9 - Cruising The Coast. You won't want to miss out on this great trip to the Gulf Coast. Stops include: Biloxi, New Orleans, and Pensacola. Sign up by Monday.

Aug. 30 – Sept. 2 - Hot-Lanta-Getaway for Labor Day. Three nights hotel, and entrance fees to all the best attractions including Stone Mountain Park, is only \$211.85 per person, based on double occupancy.

Oct. 10-14 - Fall Colors. Tour FDR's Little White House in Warm Springs, spend the afternoon in Callaway Gardens, party at Oktoberfest in Helen, Ga., explore Biltmore Estates and see the colors of fall..

Dive into aquatics this summer

Swimming lessons:
Session 1: June 3-14
Session 2: June 17-28
Active duty free lessons 7:15 – 8 a.m., Kids lessons 5 – 8 p.m. depends on level. Call 542-2930 for class times and descriptions.

Lifeguard Training Certification. class is May 6 -16, 5 – 8 p.m.. The June class is June 10-21. Prerequisite: 15 years old and able to swim 500-yards continuously. The cost is \$80 (fully reimbursable if hired by MWR Aquatics)

Aqua aerobics classes are Monday-Thursday - Shallow - 11 a.m., Deep - 12:15 p.m. Monday, Wednesday, and Friday - Shallow - 4:30 p.m., Deep - 5:30 p.m.

The indoor pool is closed on Saturdays and Sundays. (May 4 – Sept. 30)

The outdoor pool is open Saturdays and Sundays. (May 4 – Sept. 30). It will open seven days a week starting Memorial Day.

We are now hiring lifeguards, swim instructors, cashiers, and snack bar attendants.

Flying club offers classes

The Jax Navy Flying Club has moved off base to Herlong Road. They offer the best deal going if you want to learn to fly. The club offers a FAA approved pilot school that offers a variety of programs from private

pilot to airline transport pilot.

For more information about joining the club or upgrading your current license give us a call at 786-4128 or 786-9293. Once you join your membership is transferable to any DoD flying club in the world.

Ladies tee it up

Calling all ladies out to the golf course on Fridays at 4:30 p.m. to socialize while learning or improving golf skills. The cost is only \$10 per session and includes wine and cheese after the lesson. Call 542-3249 for more information or just show up on Fridays.

Mother's Day Bowling special

Mom's bowl free with a child's paid game on Mother's Day, May 12. For more information, call 542-3493.

2002 America's Kid's Fun Run

Calling all kids! Come out on May 18 at 9 a.m. to the NEX Parking lot for a one-mile run/walk. Everyone is a winner. For more info, call 542-3518.

Youth Activities offers events

NAS Jacksonville Youth Activities offers a variety of events for your children to get involved with this summer. Call us at 778-9772 for more information.

Mondays –
Open Gym 6:15 - 8:15 p.m.
Teen Night 6:15 - 8:15 p.m.
May 6, 20 & June 3, 17 – Torch Club
May 13 - Mall Trip
May 27 - Aladdins Castle Arcade
Tuesdays
Open Recreation 6:15 - 8:15 p.m. (ages K-up)

Tae Kwon Do classes: 4 p.m. and 5:45 p.m.

Teen Keystone Club
Wednesdays
Open Gym 6:15 - 8:15 p.m. (ages K-up)
Dance Classes at 4:30 p.m.
May 6, 20 & June 3, 17 – Torch Club
May 15 - Movie Night
May 22 – Teen Center
May 29-Adventure Landing Trip
Thursdays
Open Recreation 6:15 - 8:15 p.m. (ages K-up)

Tae Kwon Do classes at 5:45 p.m.
Teen Night
May 9, 23 & June 6 - 20-Career Launch
May 16, 30 & June 13 & 27 - Torch Club
Fridays
*Friday night events (Open to ages K-up)
6 – 8 p.m.

May 3 - YAC 10th Birthday Celebration
May 10 - Teen Lock-In \$15
May 17 - Disco Dance \$1
May 24 - Ice Cream Social
May 31 - Skating Night \$1
*Must be pre-registered for these events and payment due the Wednesday prior.

Visit MWR online at www.nasjax.navy.mil and look for the tab marked MWR. This is your tab to unlimited fun. For questions or comments, e-mail us at mwrnktg@nas-jax.navy.mil.

Youth Activities Center celebrates 10th birthday

By JO3 Jackey Bratt
Staff Writer

The Youth Activities Center staff held a 10-year birthday party in honor of the center's location at Building 2065 aboard NAS Jacksonville last Friday. Going through a variety of names, the Youth Activities Center was established in the building in May 1992.

The Youth Activities Center is operated and maintained for family members of active duty military. Department of Defense (DoD) civilian personnel, and reservists. The program provides supervised and accountable activities for school-age children ages kindergarten through ages 17. It includes programs for before and after school. It also provides camps for Spring Break and holidays.

"It's important to remember Youth Activities Center's contributions to military families and children," said Erica Hickey, Youth Activities Center director, NAS Jax.

Manned by 10 staff members who are first-aid and

C.P.R. certified, youth activities center staff find the job rewarding.

"I love working with children, and the kids here are excellent," said Claudia Toro, Youth Activities assistant director. Toro has staffed the center for five years.

The night was filled with balloons, games, and cake. The children also sang "Happy Birthday" to the center.

"I like coming here because I get to see my friends and tonight is real fun because we get to have a party and eat cake," said nine-year old Jimmy Boyd.

Jimmy, and his friend, Brandon Parker made paper flowers in celebration of upcoming Mother's Day.

"My mom will like this because I made it," said Parker.

Eleven -year old, David Tart and his sister, seven-year old Jenna enjoyed the birthday celebration also. "It's cool because we get to play all sorts of games, but Jenna can make the flowers," said Tart.

The festivities came to an end at 8 p.m. as parents picked up their children.

Enjoy the Fourth of July in the nation's capital

Ten lucky winners and a guest will enjoy the ultimate American holiday in the heart of it all—Washington DC. Sightseeing tours, chance of a lifetime leisure activities and spectacular Fourth of July fireworks over the Washington Monument await. Winners and their guests will live in luxury at the historical Willard Inter-Continental throughout the June 30 – July 7 Grand Prize trip. So, what are you waiting for? Enter today.

How to enter: The "Celebrate a Monumental Fourth" contest is a multiple choice Washington DC trivia quiz. You can get official rules and entry form two ways...

Online: Go to www.mwr.navy.mil, select "Saluting Sailors and Their Families," and click on "Celebrate a

Monumental Fourth." The site is accessible 24 hours from May 15 through 9 a.m. (CST) on June 3.

E-mail: No internet access? Request an Official Entry Form and Official Rules by sending an e-mail to contestinfo@persnet.navy.mil. Type "Request DC Entry Form" on the subject line. Include return e-mail address. E-mail requests will be accepted from May 15 through 4 p.m. (CST) on May 31.

Entrants must be active duty members of the Armed Forces or their immediate family members; members of the Individual Ready Reserve (IRR) and Selected Reserve (SELRES), or their immediate family members; or active duty members of the other Uniformed Services or their family members, serving, stationed, or resid-

ing at a Navy installation, station, unit, or ship.

Winning entrants must be 18 years of age on or before June 30, and possess a valid active duty identification card or a valid dependent identification card, verified through DEERS, as applicable. Winners of previous Saluting Sailors & Their Families contests are ineligible to win the Celebrating a Monumental Fourth Contest.

Contest entries will be accepted May 15 May through 9 a.m. (CST) June 3. Winners will be announced at noon (CST), June 10 via the MWR website. Please forward any questions to the Celebrating a Monumental Fourth POC at contestinfo@persnet.navy.mil.



Don't Miss An Issue!

Pick Us Up Every Thursday!

JAX SPORTS

Intramural golf meeting scheduled for May

The league is open to all NAS Jax active duty personnel. The meeting will be held May 15 on the deck outside Mulligans at 11:30 a.m. Matches will be played on Wednesdays at 12:30 p.m. The season is scheduled to begin June 5. All interested personnel should attend the meeting to discuss the rules and to get the required paperwork to join the league.

Racquetball tournaments slated

A Men's Racquetball Tournament will be held May 20-24 at 5 p.m. at the gym. The tournament is free and open to NAS Jax active duty only. This is a Captain's Cup event with participants earning Captain Cup points for their command. The competitive division is for serious racquetball players and the recreational division is for part time players and beginners.

Intramural Softball Standings as of May 6					
Team	Wins	Losses	Team	Wins	Losses
AIMD	7	1	Air Ops/NLMOF	8	4
WFN	5	1	VR-58	6	4
VP-16 Red	8	2	NAMTra	4	4
VP-5	8	2	BMC	4	5
VP-30 Students	7	3	HITRON-10	3	7
VP-30 Staff	6	3	VS-24	2	4

A Women's Captain's Cup Racquetball Tournament is scheduled for May 28-31 at 5 p.m. The tournament is free and open to NAS Jax active duty women. This is a Captain's Cup event with participants earning Captain Cup points for their command. Trophies will be awarded in each division. Sign up for both tournaments by May 15.

Women's softball league forming

The women's league is open to all NAS Jax active duty, dependents over 18, retirees, and DOD civilians. All interested personnel should stop by the athletic department to get the required paperwork to join the league.

For more information about any of the sports articles, call Bill Bonser, Sports Coordinator or Mike Gorman, Athletic Director at 542-2930/3239 or e-mail us at dbonser@nasjax.navy.mil or dgorman@nasjax.navy.mil. Visit the MWR website at www.nasjax.navy.mil/mwr.mil

STANDINGS

Intramural Volleyball Standings

Teams	Wins	Losses	Teams	Wins	Losses
VR-58	6	1	CNRSE	2	3
VP-30	5	1	SERCC-A	3	3
AIMD	4	2	CPRW-11	3	4
VS-24	2	1	SERCC-B	0	6

NADep Basketball Final Standings

Team	Wins	Losses	Team	Wins	Losses
Hornets	9	1	Engine World	4	6
Prowlers	9	1	Barracudas	3	7
X-Factor	7	3	Tomcats	2	8
Rockets	6	4	Jets	0	10

Intramural Soccer Final Standings

Team	Wins	Losses	Ties	Points	Team	Wins	Losses	Ties	Points
VP-30 O'S	7	2	1	15	VS-24	4	3	1	9
NavHosp	6	2	2	14	SRSS	3	5	0	6
VS-22	4	4	2	10	AIMD	0	7	0	0

Open Softball Standings as of May 6

Team	Wins	Losses	Team	Wins	Losses
New Look C.B.'S	8	1	VP-30 Students	3	7
VP-16	7	2	Enforcers	1	6
First Command Chiefs	7	3	Hangars Bangars	1	8
Buckets	6	4			

Greybeard Softball Standings as of May 6

Team	Wins	Losses	Team	Wins	Losses
VP-30	7	3	CPRW-11	6	5
NAMTra	7	4	NMCRC	3	7
AIMD	7	5	FASO	3	7

